



## HEALTHY EATING ACTIVE LIVING

### Breast Feeding

#### SAMPLE POLICY

The sample documents below are provided for general information purposes only. The provision of these sample documents are offered as educational material. Your use of any of these sample documents is at your own discretion

We at (name of child care site) is committed to our children health and wellness. With that understanding a wellness policy has been put into effect that focuses on (fill in blank i.e. Nutrition and physical exercise).

We recognize the importance of supporting the parent decision to breast feed their babies. That is why our facility and staff members help support this vital role in the continuation of breastfeeding even after your child in enrolled in our program. (name of child care site) has a breast feeding policy in place to help make breastfeeding easier by providing a breast feeding-friendly environment.

(name of facility) adheres to the following guidelines:

1. Breastfeeding mothers are provided a comfortable place to express their milk.
2. Staff are properly trained in handling warming and storing breast milk.
3. A designated refrigeration space is provided for all breastmilk. Containers are clearly marked and labeled with baby's first and last name and date the milk was brought to the facility.
4. Breastfeeding promotion information is displayed and accessible for mothers.